

# Team Building and -Development

The “Team Building and -Development” empowers working teams to ...

## Outcomes

- Understand the different personality types of the respective team members
- Stimulate open and honest communication in the team
- Resolve deep-seated conflict between team members
- Release potential for joint problem solving and decision-making in the team
- Create interpersonal atmospheres of cooperation, synergy and creativity
- Create commitment and accountability in decision-making
- Understand their unique team dynamics.

Who should attend?	Duration
<ul style="list-style-type: none"> <li>• Any group of people working together as a team.</li> </ul>	<ul style="list-style-type: none"> <li>• Three-days.</li> </ul>

## Training Content

### Module 1: Setting the scene for team dynamics

*This module explains:*

- Circle to circle ice breaker
- Getting to know each other
- The rules for giving constructive feedback to one another
- Clarifying team expectations
- Team norms.

### Module 2: Team communication and decision-making

*This module explains:*

- Effective and ineffective team communication dynamics
- The importance of understanding your role in the team
- How to make effective decisions in the team?

### Module 3: Team effectiveness

*This module explains:*

- The team effectiveness assessment

Team role clarification.

### Module 4: Team and personality types

*This module explains:*

- Personality type assessment (Myers Briggs Type Indicator)
- Characteristics of your personality type
- Interpersonal issues that are challenging to your personality type
- Your development areas
- The ideal work environment
- Your leadership style
- Your communication style
- Your conflict handling style
- Your strengths in a team
- Your contributions in a team
- Your values
- Circumstances under which your personality function the best.